



WELLNESS INITIATIVE

Welcome to *The Cardinal's Path* Wellness Program

Ashby Jones and Associates, LLC

+ EXCLUSIVE FOR CURRENT CLIENTS

We are honored to introduce **The Cardinal's Path Workshop** — a dedicated wellness opportunity created exclusively for the clients of **Ashby Jones and Associates, LLC**. We understand that navigating family court litigation is one of life's most emotionally demanding journeys, and we believe your well-being matters every step of the way.



START DATE

March 31st



DURATION

12-Week Workshop



COST TO CLIENTS

No Cost



ELIGIBILITY

Current Clients Only

Our Goal

The Cardinal's Path Workshop was designed with you in mind. Family court litigation brings with it a unique set of emotional stressors, life changes, and unexpected challenges. Our goal is to provide a supportive, structured space where you can process these experiences, build resilience, and feel empowered throughout your legal journey. Over the course of 12 weeks, you will have access to professional guidance, peer support, and meaningful resources — all at no cost to you.

Workshop Facilitators

Sessions will be professionally facilitated by the counseling team at **Jill Smith and Associates Counseling**, with ongoing support from the team at Ashby Jones and Associates. Together, we are committed to creating a compassionate and confidential environment where every participant feels heard, supported, and understood.



Workshop attendance and all materials are provided at absolutely no cost to our clients. This is our investment in your healing and your future. We believe that comprehensive support means caring for the whole person — not just the legal process.

How to Register

Our Client Relations Manager, **Tobia Bradley**, is spearheading this initiative and is your dedicated point of contact for enrollment. If you are a current client and would like to learn more or register for The Cardinal's Path Workshop, please reach out to Tobia directly.

Tobia Bradley
CLIENT RELATIONS MANAGER

EMAIL TOBIA TO REGISTER

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